



Tax season has come to a close, so it's time to review your estate plans and assess your family's needs. Explore the articles below and review a list of considerations when planning or updating your estate.

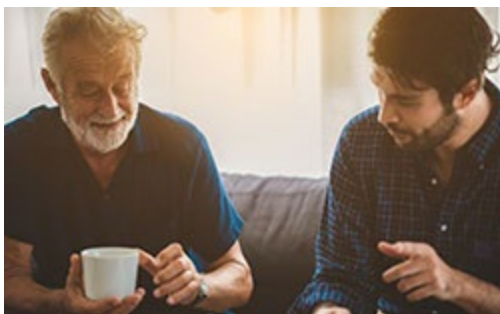
Your acts of kindness make it possible for us to continue our work, and we are grateful for you. What are you grateful for in life? Discovering and cultivating an attitude of gratitude can yield many benefits for the mind, body and spirit. We offer you a few tips on expressing your gratitude and focusing on the positive.

Let us help you achieve your goals (and ours!). No matter your financial or charitable goals, every gift to the AMCP Foundation makes a difference.

We want to hear from you. [Tell us](#) about estate planning topics you would like to know more about in future issues.

Sincerely,
Paula, Ebony and the AMCP Foundation team

Issue #18



[The Gift You Should Be Talking About](#)

If you make a gift in your estate plan, don't forget to tell your beneficiaries to ensure your wishes are followed.

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[A Timely To-Do List](#)

Now is the time to write your plan for the future. Here are some starter questions to help.

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[Gratitude Is Good for You](#)

It is never a bad time to feel good. Uncover the benefits of being grateful.

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We're Here to Help



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